

LOTTO SOUDAL 2016 CONGRESS

STATE-OF-THE-ART CARDIAC AND ORTHOPAEDIC TOPICS IN SPORTS MEDICINE

SATURDAY FEBRUARY 27, 2016

INTERNATIONAL CONVENTION CENTER * VAN RYSSELBERGHEDREEF 2 * 9000 GENT

REGISTRATION AND PRACTICAL INFORMATION

* Registration is mandatory through the enclosed registration form

* Registration fee

* Scientific program + lunch + VIP experience + parking

> 180 euros - Specialist/Sports doctor/General practitioner

> 100 euros - Residents/HAIO/'Assistents en medecine générale'

* Scientific program

> 80 euros - Specialist/Sports doctor/General practitioner

> 40 euros - Residents/HAIO/'Assistents en medecine générale'

* Bank account BE84 0016 6594 2159

> LOTTO SPORTS ORGANISATION nv

Belliardstraat 25-33 - 1040 Brussels

* Accreditation

> Accreditation has been requested for 3,5 CP

* Organisation

* Drs Steven Bex, Servaas Bingé & Maarten Meirhaeghe, team doctors
Lotto-Soudal

* Dr Sophie Demanez, cardiologist, CCO Liège

* Dr Olivier Ghekiere, radiologist, CHC Liège and Jessa ziekenhuis Hasselt

LOTTO
SOUDAL

REGISTRATION FORM *Registration is obligatory!*

* name: _____

* Function: ° Sports doctor / General practitioner / Specialist
° Residents/HAIO/'Assistents en medecine générale'

* email: _____

* address: _____

* mail to info@lottosoudal.be + please mention if you

° will only participate at the scientific session

° will participate at the scientific session, the lunch and
the VIP experience 'Omloop HNB'

LIVE YOUR DREAM

Faculty

Speakers from different regions of the country, coming from both academic and private clinical environments, will cover key topics relating to cardiac risk-assessment and orthopaedic problems in Sports Medicine.

Walking dinner

The scientific meeting closes with a walking dinner at the congress center.

Cycling race 'Omloop het Nieuwsblad'

In the afternoon, you will have the possibility of a VIP experience 'Flanders Classics Club Finish.'

Sponsors

The organizers would like to thank the main medical sponsors for their support.



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PROGRAM

- 8.30-8.45** **Welcome & Registration**
- 8.45-9.00** **Introduction**
- 9.00-10.45** **CARDIAC SESSION**
MODERATORS: Dr. Olivier Ghekiere (CHC Liège, Jessa Ziekenhuis Hasselt) / Dr. Etienne Hoffer (CHR Citadelle, Liège)
- 9.00-9.20** A sport fitness certificate required by decree? (Prof. Dr. Guy Vandenhoven, Sports Medecine, Scuba Diving Medicine, Brussels)
- 9.20-9.40** Value and indications of ergospirometry in athletes (Dr. Catherine de Maeyer, Cardiologisch Centrum Grens)
- 9.40-10.00** Bradycardia in an elite athlete: sign of superior performance or harbinger of electrical problems? (Prof. Dr. G. Claessen, UZ Leuven)
- 10.00-10.20** CT and/or cardiac MR for ICD planning implantation (Dr. Rodrigo Salgado, UZ Antwerp)
- 10.20-10.45** 'Myocardial fibrosis in athletes: an emerging sports cardiology entity'- (Prof. Dr. H. Heibuchel, Jessa Ziekenhuis, Hasselt)
- 10.45-11.15** **Break**
- 11.15-1.00** **MSK SESSION**
MODERATORS: Dr. Steven Bex (Team doctor Lotto-Soudal) / Dr. Geert Souverijns (Jessa ZH Hasselt)
- 11.15-11.30** Carnosine MR-spectroscopy for cyclists: a technical survival guide (Prof. Dr. G. Villeirs, UZ Gent)
- 11.30-12.00** Muscle Talent Scan in cycling (Prof. W. Derave, UGent)
- 12.00-12.20** Radiological pitfalls in musculoskeletal lesions of athletes (Dr. Bénédicte Daenen, CHC Liège)
- 12.20-12.40** What psychological support can do for an athlete (Nathan Kahan, psychologist of the Lotto-Soudal cycling team)
- 12.40-1.00** The role of the sports doctor in a world tour cycling team and a first division football club (Dr. Steven Bex, Team doctor of Lotto-Soudal and Football club STVV)
- 1.00** **Lunch**

LIVE YOUR DREAM