

# Peripheral nerve blocks in the Emergency Department

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**INDICATIONS**







**Cochrane**  
**Library**

**Cochrane** Database of Systematic Reviews

## Peripheral nerve blocks for hip fractures (Review)

Guay J, Kopp S. Cochrane Database Syst Rev. 2020 Nov 25;11(11):CD001159

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- Reduction
  - Pain on movement < 30 min

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*This represents a clear and undeniable advantage over systemic analgesia, especially in this era of opioid crisis.*



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**NNT 12**

- Reduction
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  - Risk of chest infection

- Reduction
  - Time to first mobilisation-> -11h
  - Risk of chest infection-> NNT 7

## Guidelines

# Guideline for the management of hip fractures 2020

Guideline by the Association of Anaesthetists

**R. Griffiths,<sup>1</sup> S. Babu,<sup>2</sup> P. Dixon,<sup>3</sup> N. Freeman,<sup>4</sup> D. Hurford,<sup>5</sup> E. Kelleher,<sup>6</sup> I. Moppett,<sup>7,8</sup>  
D. Ray,<sup>9</sup> O. Sahota,<sup>10</sup> M. Shields<sup>11</sup> and S. White<sup>12</sup>**

- 1** Single shot nerve blocks should be provided in the Emergency Department and at the time of surgery (provided 6 h has passed between blocks) [27]. There is some evidence for their efficacy in providing pre-hospital analgesia [29];
- 2** Femoral or fascia iliaca blocks should be used

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Published 12/15/2021



# AAOS Updates Clinical Practice Guideline for Management of Hip Fractures in Older Adults

## Multimodal Analgesia

*Multimodal analgesia incorporating preoperative nerve block is recommended to treat pain after hip fracture.*

[Management of Hip Fractures in Older Adults](#)

Endorsed by: AAHKS, OTA, APTA, AAPM&R Cite this recommendation

★★★★ STRONG EVIDENCE

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# AAOS Updates Clinical Practice Guideline for Management of Hip Fractures in Older Adults

## *Feasibility*

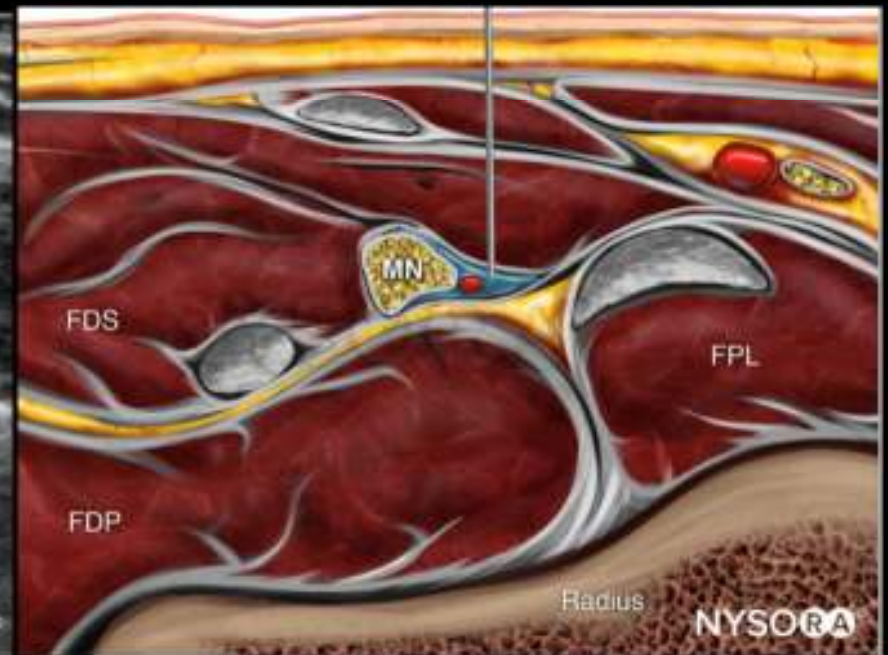
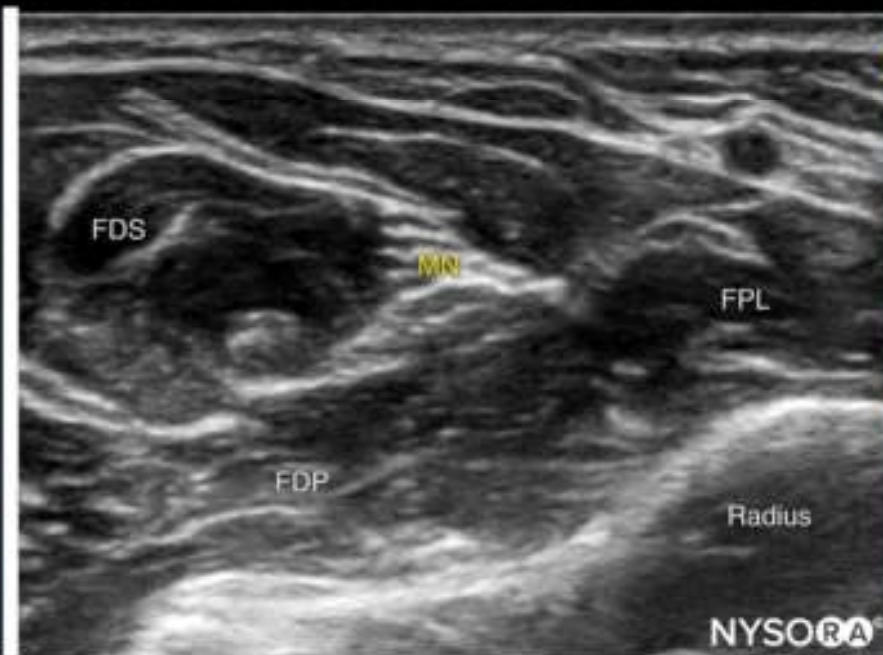
FNB and FICB can be performed feasibly in emergency departments, perioperative care settings, and other hospital areas with appropriate provider training and access to necessary monitors and rescue treatments. Feasibility of other multimodal analgesic approaches may vary according to the modality evaluated.



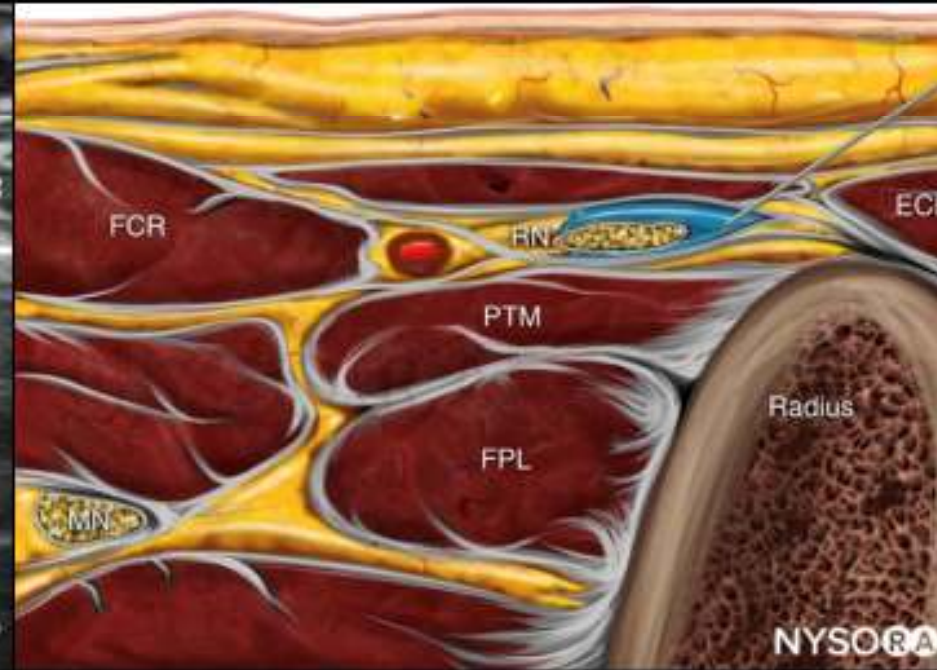




# Distal Median nerve block



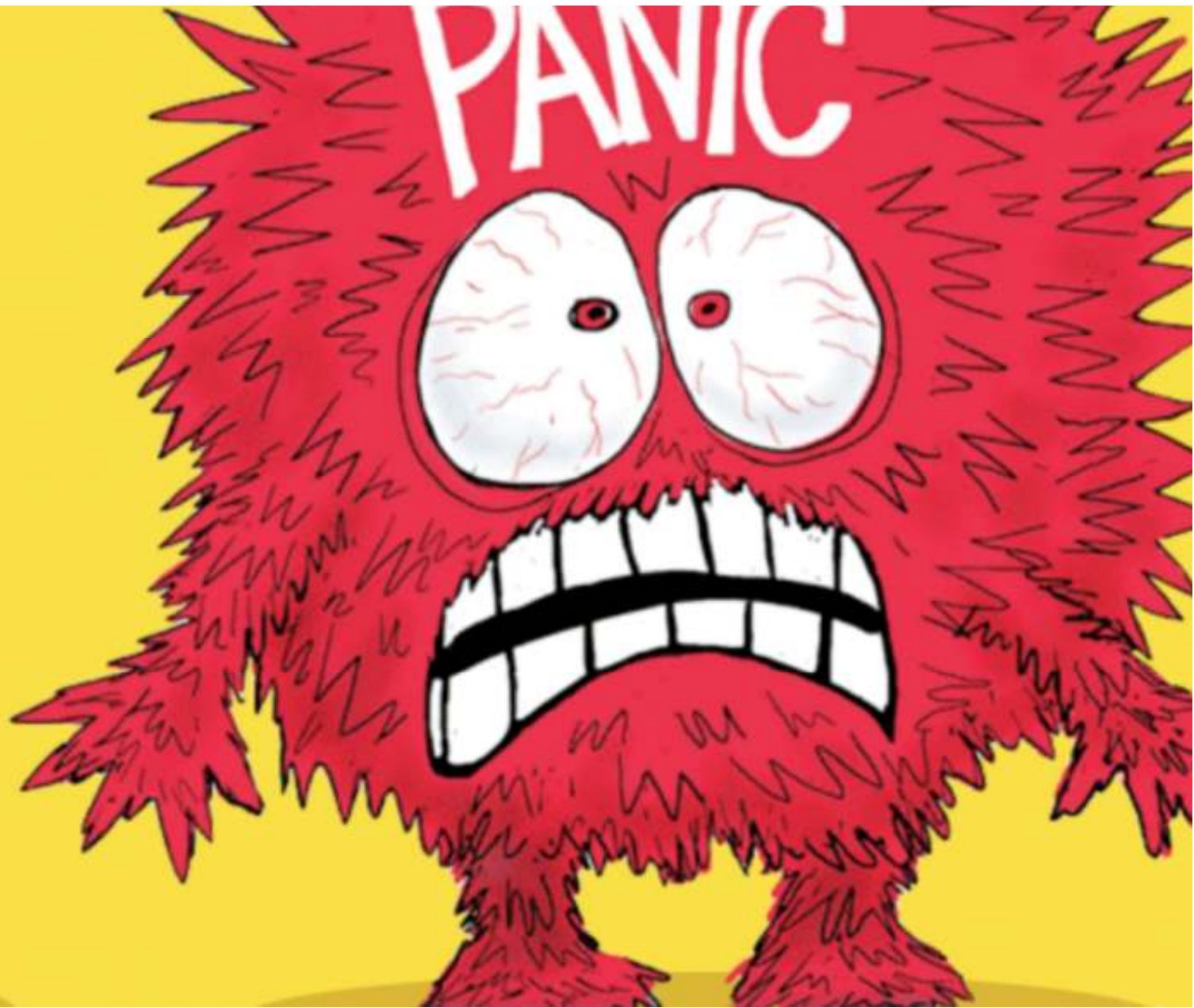
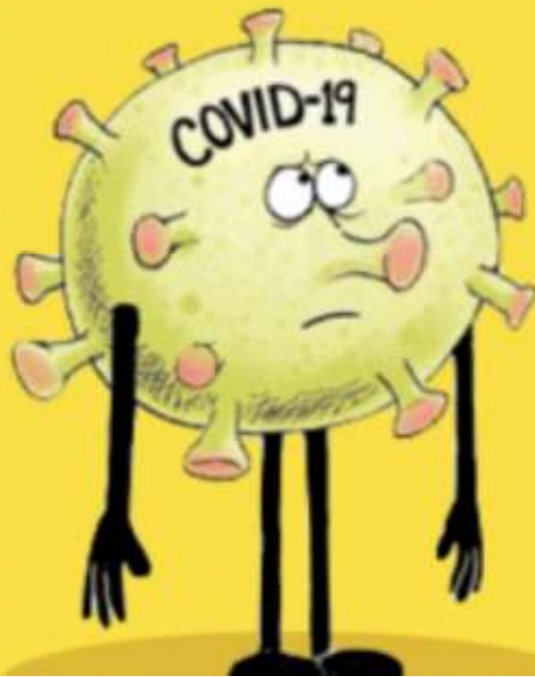
# Distal Radial nerve block



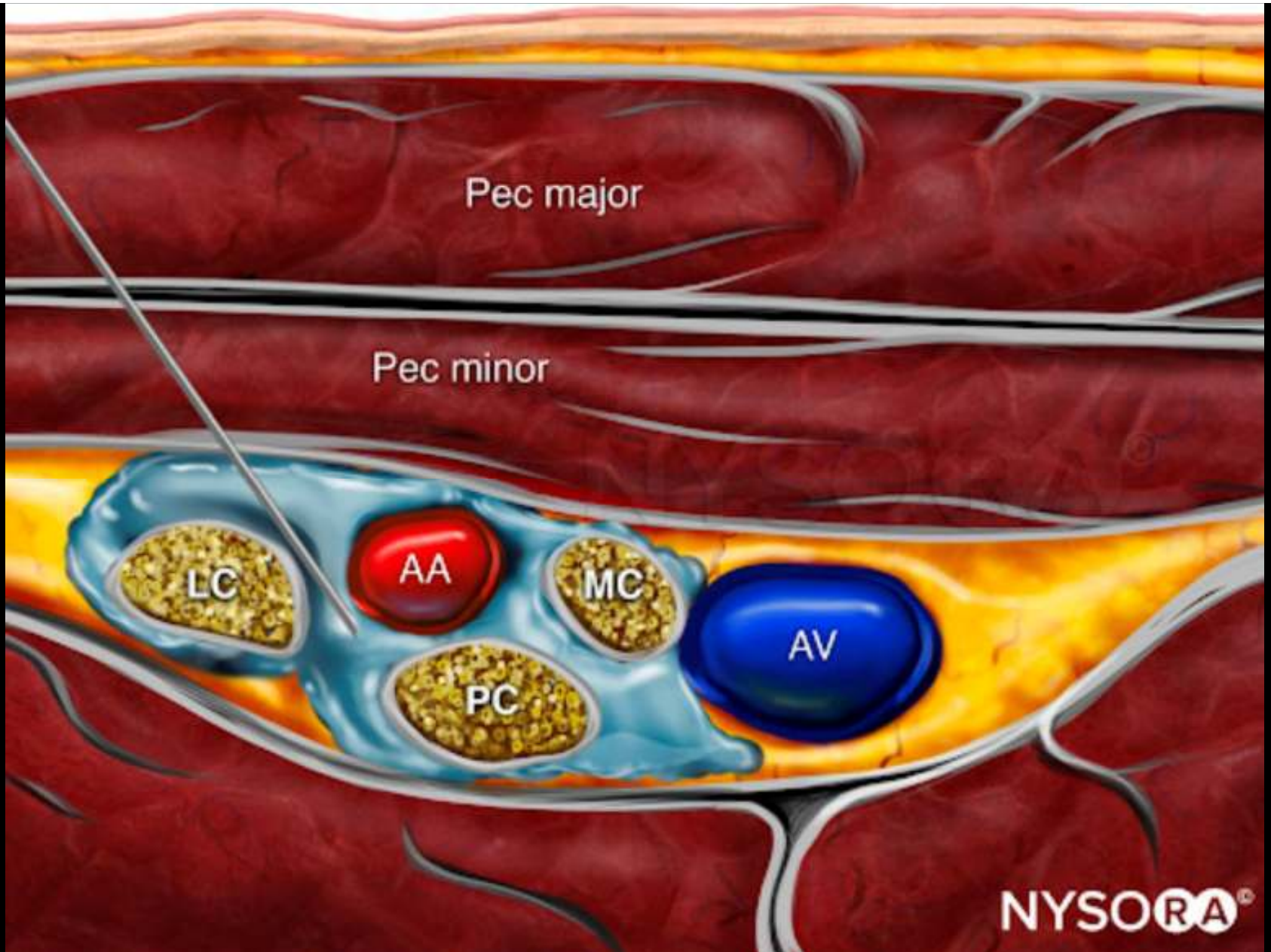












Pec major

Pec minor

LC

AA

MC

AV

PC





> Eur J Emerg Med. 2021 Oct 1;28(5):402-403. doi: 10.1097/MEJ.0000000000000820.

## **The use of peripheral nerve blocks for trauma patients: a survey in Belgian emergency departments**

Laura Puype <sup>1</sup>, Matthias Desmet <sup>2</sup>, Dries Helsloot <sup>3</sup>, Vincent Van Belleghem <sup>3</sup>, Sandra Verelst <sup>1</sup>

- 124 Hospitals, response rate 90%
- 84% performed PNBs,
  - 18% ED
  - 14% ED and OR
  - 68% OR
- 6% formal integration of PNBs in the analgesic protocol

# Take home messages

- **Institute PNBs in protocols @ED for hip fracture**
- **Case by case indications can provide elegant solutions for your patient**
- **Anesthesiologists are welcome and needed @ED**