2015 Symposium

Organised by the KBVR / SRBR
Osteoporosis and Fracture Prevention Group

5 – 7 March 2015
Hotel Dolce La Hulpe, Brussels

Preliminary Program
WELCOME ADDRESS

Dear Colleague,

We have the pleasure to invite you to the 2015 Symposium organized by the KBVR / SRBR Osteoporosis and Fracture Prevention Group and taking place in La Hulpe on March 5-7, 2015.

The 2015 Symposium will consist of pre-symposium bone densitometry and radioprotection courses on Thursday, March 5 (full day) and Friday, March 6 (2 hours) and the Bone Curriculum Symposium on Friday, March 7 (afternoon and evening) and Saturday, March 8 (morning).

The concept of the symposium has been fundamentally restructured. The symposium now integrates a continuous educational lecture cycle: The bone curriculum.

The bone curriculum is a structured lecture cycle on bone, including general aspects, osteoporosis, bone, calcium and phosphate metabolism, physiology, pathophysiology, disorders, epidemiology, diagnosis and treatment and also addresses fracture and fall risk evaluation and interactions of the skeleton with the neurological and muscular system.

A full bone curriculum lecture cycle is covered within three consecutive yearly symposiums of the KBVR / SRBR osteoporosis and fracture prevention working group.

The intention of the bone curriculum is to provide high quality continuous education for clinicians interested in and treating patients with osteoporosis and bone diseases and a structured educational program for rheumatology trainees. In this context, the lectures mainly cover up to date basic knowledge, overviews and reviews. Interactive participation is encouraged.

We look forward to welcoming you to the 2015 Symposium and remain,

Yours sincerely,

Dr. Stefaan Poriau, Chair
On behalf of the KBVR / SRBR Osteoporosis and Fracture Prevention Group
PRE-SYMPOSIUM COURSES

**Thursday, 5 March 2015**

**Bone Densitometry Radioprotection Course**

**Timing:** Full day course of 8 hours, with exam

**Objective:** To obtain the FANC / AFCN authorization for the use of bone densitometry machines

**Friday, 6 March 2015**

**Radioprotection Refresher Course for Bone Densitometry Users**

**Timing:** Two hour course, 10.00 -12.00 hrs

**Objective:** To obtain the prolongation of the FANC / AFCN authorization for the use of bone densitometry machines

**Bone densitometry in practice - interactive course**

**Faculty:** Valerie Gangji, Piet Geusens, Frank Luyten, Hans Zmierczak
- X-ray based methods – principles and safety
- What do DXA results tell you
- DXA measurements – interpretation and pitfalls
- VFA – interpretation and pitfalls
- pQCT Introduction
- Discus your case

SYMPOSIUM

**Friday, 6 March 2015**

**Bone Curriculum**

**General Principles**

13.00 Principles of bone physiology (anatomy, composition, mineralization)  
Tim Arnett (University College London, UK)

13.30 Bone development and skeletal growth  
Przemko Tylzanowski (KU Leuven, B)

14.00 Principles of calcium, phosphate and magnesium metabolism  
Hans Zmierczak (Ghent University, AZ Sint-Elisabeth Zottegem, B)

14.30 Principles of bone mechanics  
Speaker to be announced

15.00 Healing of fractures  
Chantal Chenu (Royal Veterinary College, London, UK)

15.30 Coffee Break in the Exhibition Hall

**Disorders and Interventions**

15.45 Disorders of calcium, phosphate and magnesium metabolism  
Hans Zmierczak (Ghent University, AZ Sint-Elisabeth Zottegem, B)

16.15 Bone innervation and pain  
Chantal Chenu (Royal Veterinary College, London, UK)

16.45 Ischemic bone disorders  
Valerie Gangji (Hôpital Erasme, Université Libre de Bruxelles, B)

**Methods**

17.15 Imaging in osteoporosis  
Piet Geusens (Maastricht University, NL, Hasselt University, B, ReumaClinic Genk, B)

17.45 Coffee Break in the Exhibition Hall

**Evening Lectures**

18.00 Rare cases of bone fragility (case reports)  
Piet Geusens (Maastricht University, NL, Hasselt University, B, ReumaClinic Genk, B), Frank Luyten (KU Leuven, B), Hans Zmierczak (Ghent University, AZ Sint-Elisabeth Zottegem, B)

18.45 Calcified tissues in the course of the evolution  
Tim Arnett (University College London, UK)

20.00 Dinner at Restaurant Argan
SYMPOSIUM

Saturday, 7 March 2015

Bone Curriculum

Perspectives and Update on Therapeutics

09.00  Evaluation of fracture risk in rheumatic disease
       Piet Geusens (Maastricht University, NL, Hasselt University, B, ReumaClinic Genk, B)

09.30  Pharmacological long-term treatment of osteoporosis
       Speaker to be announced

10.15  What about pharmacologic interventions to counteract or restore the
decline in muscle function?
       Speaker to be announced

11.00  Coffee Break in the Exhibition Hall

11.30  Inflammation and bone
       Dirk Elewaut (Ghent University Hospital, Ghent University, B)

12.00  Odanacatib in postmenopausal osteoporosis
       Speaker to be announced

12.45  End of the 2015 Symposium

REGISTRATION

<table>
<thead>
<tr>
<th>Registration Fees</th>
<th>Pre-Symposium Courses</th>
<th>Symposium</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>8 hrs full with exam</td>
<td>2 hrs refresher</td>
</tr>
<tr>
<td>Members KBVR-SRBR</td>
<td>€ 40,00</td>
<td>€ 20,00</td>
</tr>
<tr>
<td>Residents Rheumatology*</td>
<td>€ 30,00</td>
<td>€ 15,00</td>
</tr>
<tr>
<td>Co-Workers (Dept. Rheumatology)*</td>
<td>€ 30,00</td>
<td>€ 15,00</td>
</tr>
<tr>
<td>Non-Members</td>
<td>€ 50,00</td>
<td>€ 25,00</td>
</tr>
<tr>
<td>Evening Dinner: Thursday</td>
<td>€ 50,00</td>
<td></td>
</tr>
<tr>
<td>Evening Dinner: Friday</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Please upload the proof of your status during the online registration process.

The registration fee includes access to the respective lectures, coffee breaks and lunches as indicated in the program and access to the exhibition.

How to register
We would appreciate you to register before February 1, 2015.
The online registration form is available here: https://www.etouches.com/osteo2015

Payment
On-site registrations are only accepted by cash payment.

Cancellations
Participants cancelling their registration before February 1, 2015 will receive a 50% refund, covering administration costs.
GENERAL INFORMATION

Venue
Hotel Dolce La Hulpe Brussels
135, Chaussée de Bruxelles
B-1310 La Hulpe

How to get there
From Brussels city centre
Follow the Chaussée de La Hulpe toward the Groenendaal Bridge. At the traffic light, turn right following the Direction Genval/Charleroi/Waterloo. Take the first road on your left towards Genval. Follow the road for approximately 3 km (2 miles) until you reach the entrance of Hotel Dolce La Hulpe Brussels on the right.

From Mons/Bergen or Tournai/Doornik
Take the motorway E42/E19 towards Brussels. Follow the ring road R0 in the direction of Namur/Namur - Zaventem. Take the Hoeilaart - Boisfort-Genval exit. Then take the first road on your right at the traffic light towards Genval. Follow this road for about 3 km (2 miles) until you reach the entrance of Hotel Dolce La Hulpe Brussels on the right.

From Charleroi
Take the motorway A54 towards Brussels. Follow the ring road R0 in the direction of Namur/Namur - Zaventem. Take the Hoeilaart - Boisfort-Genval exit. Take the first road on your right at the traffic light towards Genval. Follow this road for about 3 km (2 miles) until you reach the entrance of Hotel Dolce La Hulpe Brussels on the right.

From Namen/Namur
Take the motorway E411 towards Brussels. Follow Exit 3 Overijse/Terhulpen. Turn left and drive straight on at the roundabout at the La Hulpe train station. Cross the shopping street and continue straight on at the next roundabout. When you get to the first traffic lights, turn right direction Brussels ring R0. Drive past the entrance to “Chateau de La Hulpe” (on the left). The entrance of Hotel Dolce La Hulpe Brussels is on the left.

From Antwerp, Ghent, Bruges & Ostend
Drive towards the Brussels ring road R0 and follow in the direction of Namen/Namur. Keep following the R0 and drive straight on (via the tunnel under the crossing where R0 crosses the motorway toward Namur - Luxembourg). Follow for about 6 km (4 miles) and take the Genval - Hoeilaart-Brussels exit. Cross the first traffic light and turn left towards Genval/La Hulpe at the second light. Follow this road for about 3 km (2 miles) until you reach the entrance of Hotel Dolce La Hulpe Brussels on the right.

Hotel Accommodation
Rooms can be booked at special group rates for the 2015 Symposium. Together with your registration confirmation, you will receive a link to make your online hotel reservation.

<table>
<thead>
<tr>
<th></th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single room (incl. breakfast)</td>
<td>€ 170,00</td>
<td>€ 120,00</td>
</tr>
<tr>
<td>Double room (incl. breakfast)</td>
<td>€ 200,00</td>
<td>€ 140,00</td>
</tr>
<tr>
<td>City tax per person, per night</td>
<td>€ 1,27</td>
<td>€ 1,27</td>
</tr>
</tbody>
</table>

Room reservations can not be guaranteed after February 13, 2015.

Parking
There is a large free parking in front of the hotel.

Accreditation
A request for accreditation has been submitted by the organisers. Participants will receive a Certificate of Attendance at the registration desk.

Exhibition
A medical exhibition will be held on the occasion of the Meeting. Access is free for registered participants.

Liability
Neither the organizers, nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by Meeting participants during the Meeting. Participants are advised to take out insurance against loss, accidents or damage which could be incurred during the Meeting.